

# Gluten Friendly Options

Please let your server know that you are ordering a Gluten Friendly menu item. **Please be aware that while items do not include gluten, they are prepared in an environment around gluten.**

## Broiled Haddock

Haddock Fillet fresh from the North Atlantic, broiled to order in your choice of The Gov's special lemon pepper seasoning or butter.

## Roasted Turkey

Fresh roasted white meat turkey, served with two side choices. **Order with no gravy or stuffing**

## Steak Tips

Our tasty steak tips cooked to order and smothered with sauteed spanish onions. Served with two side choices.

## Haddock Sandwich

A half pound of Haddock Broiled with a slice of American Chesse served on a GF Hamburger Roll **Order Broiled with GF Hamburger Roll (Add \$1)**

## Cheeseburger

Our 6 oz Angus beef burger grilled to perfection and topped with your choice of cheese. Served with your choice of a side. **Order with GF Hamburger Roll (Add \$1)**

**\* Please see our regular menu for more burger choices**

## Farmhouse Salad

A blend of romaine and spinach tossed with Apple Cider Vinaigrette and topped with beets, roasted butternut squash, crumbled feta, and pumpkin seeds

## Turkey Chef Salad

Fresh romaine, tomatoes, peppers, red onion slices, American and Cheddar Cheese, fresh chopped egg, turkey, and your favorite dressing.

## Broiled Scallops

Only fresh Maine sea scallops make it to our broiler. Cooked to perfection in a butter blend. They're the best around!

## Grilled Chicken

Two grilled chicken breasts served with two side choices.

## Maple Glazed Salmon

Freshly broiled salmon topped with a maple glaze. Served with your choice of two sides.

## Mediterranean Oven Roasted Haddock

North Atlantic Haddock topped with cheese, spinach, artichoke dip, and tomatoes. Served with two sides.

## Baby Shrimp

Baby Shrimp broiled in a butter blend. Served with two side choices. **Order Baby Shrimp Broiled not Fried.**

## Garden Salad

Fresh green and red leaf lettuce topped with sliced tomato, red onion, and chopped peppers.

## Super Food Salad

Julienned broccoli, shaved brussel sprouts, chopped cabbage, kale, radicchio, dried cranberries, feta cheese and candied walnuts tossed in apple cider vinaigrette dressing.

**Gluten Friendly Sides: Baked Potato | Vegetable of the Day | Sauteed Beets with Feta Garden Salad add \$2**

**Gluten Friendly Dressing Choices: Lite Ranch Thousand Island | Creamy Caesar | Bleu Cheese Balsamic Vinaigrette | Apple Cider Vinaigrette**

\*We've created this menu for our allergy and diet sensitive guests. Please be aware that we cannot be responsible for individual reactions to any food products or guarantee that the food we serve is free from any allergen. Governor's Restaurant is providing this information for educational purposes only. In no way should it be considered medical advice. Governor's disclaims all responsibility related to the use of this information. If you have any questions regarding whether eating particular foods may cause an allergic reaction for you, please speak with your physician.