Lighter Appetite Options Fall 2017



Ilf you have dietary restrictions or are just looking for smaller portions, here are a few suggestions:

Small Haddock Fry

A quarter pound of North Atlantic Haddock breaded and deep fried. Served with your choice of two side dishes.

Small Clam Basket

A smaller portion of Fresh Fried Maine Clams. Served with two side choices.

Small Clam Tenders

A smaller portion of tenderloin clams breaded and deep fried. Served with your choice of two sides.

Small Baby Shrimp

A quarter pound of sweet Baby Shrimp breaded and fried to a golden brown. Served with your choice of two side dishes.

Small Scallop Basket

A lighter portion of fried golden brown sea scallops Served with your choice of two sides.

Harvest Rice Bowl

Steamed long grain and wild rice topped with beets and butternut squash sauteed in garlic butter with pumpkin seeds and feta cheese.

Small Chicken Fingers

Four hand breaded chicken fingers fried to a golden brown. Served with two side choices.

One Slice Meatloaf

A slice of our homemade meatloaf served with gravy and your choice of two sides.

Side Garden Salad

Fresh green and red leaf lettuce topped with sliced tomato, red onion, and chopped peppers.

Side Caesar Salad

Crispy romaine, creamy Caesar dressing, and shredded parmesan topped with croutons.

Sides: Baked Potato | Mashed Potato | French Fries | Kettle Chips | Vegetable of the Day
Sauteed Beets with Feta | Long Grain and Wild Rice | Sweet Potato Fries \$1 | Garden Salad \$1 | Caesar Salad \$1

Dressing Choices: Lite Ranch | Thousand Island | Creamy Caesar | Bleu Cheese | Balsamic Vinaigrette | Apple Cider Vinaigrette

*We've created this menu for our allergy and diet sensitive guests. Please be aware that we cannot be responsible for individual reactions to any food products or guarantee that the food we serve is free from any allergen. Governor's Restaurant is providing this information for educational purposes only. In no way should it be considered medical advice. Governor's disclaims all responsibility related to the use of this information. If you have any questions regarding whether eating particular foods may cause an allergic reaction for you, please speak with your physician.